



Photo by Patty Hubbard Ells

Chincoteague Island, VA Oyster Bay II Community Newsletter September 2018

Greetings Oyster Bay II,

Wishing one and all a very relaxing, healthy and safe Labor Day weekend.

Thank you to my sister Pat for sharing the photo above. These day lilies originally grew in our mom's gardens on Long Island; got transplanted years later to upstate, NY; then were transplanted to Chincoteague and this one made a u-turn and is now up in Slingerlands, NY.

Neighborhood News ...

Congratulations and welcome to Richard Gayo, the new owner of 5253 Pine Tree Way (lot #270).

Again, many thanks to our very own road crew workers who have spent several very hot days filling in our potholes. Since it's become a bit of a game of whack-a-mole, everytime one pothole gets filled in, two more erupt, new players are invited to join. Please contact Kathy Bradley if you're interested in volunteering to help with the effort.

Updates From The Boards ...

The next meetings of the Board of Directors of both the OB II POA and OB W&S Co. will be held on Sat., Sept. 22nd, 2018. The POA BoD will meet at 9am at the Hampton Inn & Suites, 4179 Main St., Chincoteague. The W&S Co. meeting will take place at 1pm, same location.

The purpose of the meetings are for the Boards to update on activities since the April meeting, to develop budgets for 2019 and to plan for the Annual Meetings of all members on October 20, 2018.

In the meantime, the agenda and minutes of the April 7, 2018 Board of Directors meetings of both entities are posted on the community website: <http://www.ob2poa.org>.

I know I've said this a few times before but work is expected to begin soon on the reestablishment of the cul de sac on Green Glade Court.

Trash Talk ...

Sorry to disappoint but there's no community gossip to report here just hard core trash information. Soon, Davis Disposal will be requiring all homes to put their garbage out in Davis Disposal containers. If you are still using your own trash containers (with covers or not), please call 757.442.7979 or 866.241.2703 and request a container. They are available in two sizes, 65 gallon and 95 gallon and both sizes are on wheels, have attached covers and are easy to manipulate. Your name will be added to a list and the container will be delivered to your home.

Also, it's been reported that some people in OB II are not cleaning up after their dogs. This poses health hazards and risks to everyone. Please respect our community and your neighbors and scoop your dog's poop!

Giggles Has Given Everyone Something To Smile About ...

Content courtesy of the National Park Service

A new foal has joined the Assateague wild herd. Early in the morning of Friday, August 17th, Giggles, officially known as N9BM-J, gave birth to a pinto colt. The new foal whose official name is N9BM-JQ and its herd live most of the year in the very busy developed area and campgrounds. For this reason, the National Park Service expressly reminds visitors that it is essential to remain a minimum of a bus length (40 ft.) away from the wild horses at all times.



Photo courtesy of the National Park Service

Everything is new to a foal. N9BM-JQ will learn how to interact with the environment from Giggles and other members of the herd. About 2/3 of foals in the National Seashore about born in April, May and June, but it is not uncommon for foals to be born during any month of the year. A mare will be very protective of her new foal and it is vitally important for their well-being that visitors give them and all of the wild horses, plenty of space.

Let's Hear It For Oysters ...

Content borrowed from www.eshore.iath.edu.virginia.edu, www.myculturedpalate.com

As well as for the Ye Accomack Indians, an outgrowth of the Jamestown tribe who had pushed across the Chesapeake Bay and settled into what is now known as Accomack County. Very early they discovered this species of shellfish as an appetizing food. Tradition tells us that oysters were so plentiful at this time that a sufficient supply could be secured by merely picking them off the shore.

So, why like oysters? Answer: they're good for us and for our environment. Need a couple of examples?

Oysters are better water filters than Brita by far. Every day, one oyster filters 50 gallons of water and a healthy one-acre reef around 24 million gallons – that's enough to fill 36 Olympic sized swimming pools.

They develop neighborhood communities. Oysters form beds or reefs that provide important habitat for fish and other creatures, including sea anemones and barnacles, which in turn provide food for bigger fish such as striped bass, black drum and croaker. That works out to about 1.5 extra tons of seafood a year.



Photo courtesy of U.S. Fish & Wildlife Service

Oysters hold back fierce waves. Oyster reefs provide an effective natural barrier to storm waves and sea level rise. They absorb as much as 76% to 93% of wave energy, which reduces erosion, flooding and property damage from coastal storms.

Oysters contain more zinc than any other food. Zinc is necessary for proper growth and development and it strengthens the immune system and promotes healing.

Oysters are heart healthy. They are high in omega – 3 fatty acids, potassium and magnesium, which can help reduce risk of a heart attack or stroke and lower blood pressure.

Oysters can help you lose weight. They are low in calories, low in fat and a good source of protein which makes you feel fuller after eating.

Oysters are a good source of other essential nutrients. These include vitamins A, E, and C, zinc, iron, calcium, selenium and vitamin B12. Selenium is a particularly rare vitamin, which makes oysters very valuable.

Oysters can help improve your energy. Iron helps the body transport oxygen to individual cells giving you more energy.

Oysters can help you lower your cholesterol. A study done by the University of Washington found that eating oysters can help raise the HDLs (good cholesterol) levels and lower the LDL (bad cholesterol) levels.

Oyster shells are good for your garden. The shells are high in calcium which helps balance your soil's pH. Calcium also helps build strong cells walls and healthier plants.

Eating oysters is environmentally friendly. They are on the Seafood Watch list as a "best choice". This means that seafood in this category is abundant, well-managed and caught or farmed in environmentally friendly ways.

**OB II Community Property Owners Association
2018 Board of Directors & Membership Committees**

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Vice President
Buford T. Rowlandt

Secretary & Treasurer
Dave Hudgins

Kathy Bradley

Terry Bradley

Phil Hoey

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Kathy Bradley (Chairperson)

Maria Paccioretti

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Jean Hubbard

Phil Hoey

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Jean Hubbard (Chairperson)

Dave Hudgins

Andy Suchoski (Webmaster)

Community Improvement/Maintenance Committee

Kathy Bradley (Chairperson)

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Jean Hubbard

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Documentation/Records Committee

Monica Suchoski (Chairperson), Historian

Dave Hudgins

Maria Paccioretti

Utilities Committee

Phil Hoey (Chairperson)

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**Corporate Registered Agent for Oyster Bay II Community
Property Owners Association**

Terry Bradley

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Jim Smith

Operations & Maintenance

Ray Major

Jim Smith

***Corporate Registered Agent for Oyster Bay Water & Sewer Co., Inc.**

Please Check Your Information ...

Please check and confirm that your contact information featured on the website is correct and current. If you have forgotten your login and/or password, please contact Andy Suchoski at andy.suchoski@verizon.net.

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